## Susan Elliotson, Medical Herbalist

Dip. Phyto (Hons.), RH

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## PATIENT INFORMATION

The purpose of a medical herbalist is to provide quality clinical herbal medicine care for the public. Medical herbalists have a background of training in the modern scientific and traditional use of herbal medicines.

Initial consultations and examinations generally require one to one and a half hours while subsequent visits are approximately one-half hour.

During the initial consultation, the herbalist will ask questions about the main reasons that you came to the clinic as well as questions about your past health in order to get an idea of your general state of health. Physical examinations, blood pressure readings and urinalysis may be performed as appropriate.

Patient confidentiality is at all time observed and enforced.

## WAIVER OF LIABILITY

I, the undersigned, hereby confirm that I am consulting with Susan Elliotson, Medical Herbalist, of my own free will and do assume all risks associated with any recommendations that I may decide to follow.

I understand that there will be no diagnosis made, nor prescription given, but that the herbalist will offer an assessment of my general state of health and will make herbal, nutritional and lifestyle recommendations which I can choose to follow or not, at my own discretion.

I understand that these recommendations will be based on the information which I shall give. The herbalist will not be held liable should I choose to withhold information or fail to communicate changes in my health or prescription medication while continuing to follow the same recommendations.

I understand that any herbs given to me are for my own use only and not to be shared with or given to any other individual.

Witness:	Signature:
	Date: